

Outdoor Adventures Syllabus

Instructor: Mrs. Croes

Boulder Creek School

www.bouldercreekcroes.weebly.com

Course Objectives/Goals:

1. The Outdoor Adventure elective is designed to introduce students to a number of outdoor recreation activities which promote a love for the outdoors as well as a healthy lifestyle.
2. Through active participation, students will learn the basic techniques, skills, and/or methods needed for continued life-long participation in the activities covered in the course. Information about equipment, safety, trip planning, and leave no trace techniques will be included.
3. The outdoor recreation activities which **may* be incorporated into this course include the following: hiking, kayaking, bicycling, snowshoeing, cross-country skiing, downhill skiing, ropes course, and minimum impact camping/backpacking.
***Field trip activities will be announced during each trimester. Each trimester's class will likely engage in different outdoor adventures due to seasonal changes and availability.**
4. The specific objectives of the course are:
 1. safety as it relates to each activity
 2. specific basic skills and techniques required to participate in each activity
 3. information about the gear and equipment required for each activity
 4. information about planning each activity
 5. information about each activity's impact on the environment

Course Grading

Students will receive a trimester letter grade for this elective course that will be averaged into their overall grade point average (G.P.A.). Grades will be weighted as follows: 50% participation, 30% quizzes, and 20% applications/demonstrations/written work.

Participation – Students will receive 5 points per day (shown PowerGrade as 20 points per week) for exhibiting positive character, teamwork, field work, and active input in discussions.

Quizzes – Students will take quizzes that cover assigned article readings as well as other presented material.

Assignments - applications/demonstrations/written work

Field Trip Eligibility

Students must meet the same requirements as athletes in order to attend our field trips. Students must maintain a 2.0 G.P.A. and may not have an F in any class.

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Please read and review this syllabus with your child. After that, sign and return to indicate you are aware of the course expectations. At times, our field trips may require volunteers. ***Please indicate whether or not you are interested in helping with a field trip during this trimester.*** Return only this page to Mrs. Croes. Thanks in advance for your cooperation.

Print Student's Name

Date

Print Parent/Guardian Name

Parent/Guardian Signature

_____ Yes. I am interested in volunteering this trimester.

_____ No. As much as I would like to help, circumstances will not allow it.

Because email is often the preferred method of communication, please list ALL (both mom and dad if custody is shared) email addresses to which parent(s) would like email messages sent. In addition, please list all (home and cell) numbers for each parent. Please indicate which number belongs to whom. Thank you.

e-mail #1

phone #

e-mail #2

phone #

e-mail #3

phone #

e-mail #4

phone #